

## September 2023 Newsletter

Tēnā Koutou, tēnā koutou, tēnā koutou katoa

Greetings to you, your ancestors, and your descendants.

I hope this finds you well and enjoying the rejuvenation that comes with the onset of Spring.

In reviewing our newsletter, it gives me great pleasure to see we are offering you, our professionals, resources, and information to support and motivate you in your quest to become the best Chiropractor you can be.

Te Poari Kaikorohiti is committed to positioning itself as a compassionate regulator, ensuring the safety of the public of Aotearoa New Zealand in Chiropractic clinics through empowering our profession.

Thank you for your ongoing care of our precious patients.

Nga mihi nui



Dr Tim Cooper BSc, BSc(Chiro)  
Chair, New Zealand Chiropractic Board

### Calling for Expressions of Interest:

#### Continuing Professional Development (CPD) Auditors – 2024

The Board is preparing for its bi-annual CPD Audit. We currently have 8 CPD Auditors who have been fulfilling this role on behalf of the Board for the past 7 years.

So far, the Board audits approximately 10-15% of the profession and is potentially looking to increase the CPD Audit frequency to an annual audit of 20% of the profession and is inviting expressions of interests from the profession for additional CPD Auditors. The CPD audit is completed online, and you will receive training and guidance throughout the process.





#### Supervisor/Mentorship roles

As part of its role in protecting the health and safety of members of the public by providing mechanisms to ensure that chiropractors are competent and fit to practice their professions. The Board occasionally need to appoint supervisors and mentors from within the profession to work with practitioners in assisting them to meet all Board requirements.

The time commitment for a supervisor or mentor can vary from case to case, from a one-on-one meeting to 12 months of monitoring at varying levels.

To undertake either of these roles, you must have a good understanding of the Board's [CPD](#) and [supervision](#) policies, and five-years' experience as a chiropractor. You will be reimbursed for your time for each of these roles.

If you are interested in either of the above roles, please email [leanne@chiropracticboard.org.nz](mailto:leanne@chiropracticboard.org.nz) with a copy of your CV and a short introduction about yourself, including:





-  An outline of why you would like to participate in the role.
-  How long you have been practising.
-  Where you are currently practising.
-  Any other information regarding your practice that you feel would make you an ideal candidate for the role you are applying for.

## Your CPD – 1 January–31 December 2023





Now we are in the last quarter of 2023, it is timely to remind you that your 2023 CPD activities and reflections need to be entered into your CPD profile before midnight on Sunday, 31 December 2023. After this date, the CPD programme will be locked, and you will be unable to access it to edit or add further activities.

The Board will be auditing the 2023 CPD in mid-2024. It is our intention to increase the percentage of audits to 20% of the profession. In 2022 the Board audited 15% of the profession, where sadly 68% received recommendations on improving their CPD.




### **Key areas highlighted in the 2022 audit were:**

-  Lack of reflection;
-  Lack of evidence of CPD activities;
-  Business activities claimed as CPD, for example meeting with accountants and website developers;
-  Rolling over Annual Plans without reviewing.

Please ensure:

-  your CPD activities are varied,
-  that you have included your reflection on each activity,
-  that you have uploaded evidence of attendance,
-  included one identified cultural or diversity responsiveness activity (one activity every two-years).

**Reflection and review are critical aspects of the CPD process. You must record and reflect on each activity, relating it to your chiropractic practice:**

-  What is your reflection on the activity attended?
-  What learning did you gain from this activity?
-  How will your practice be improved, or not, from your learnings?

Check the Board's [CPD Policy](#) as some activities have a maximum number of hours that can be claimed.

### **Activities that are not CPD:**

-  Internet research on website designs.

- 📌 Interacting with an accountant to understand accounting practices.
- 📌 Activities that form the basics of your job (treating patients, patient education etc).
- 📌 Activities that are focused on building your practice.
- 📌 Just showing up for a conference or event.

## Te Tāhū Hauora Health Quality & Safety Commission

The **Healing, learning and improving from harm: National adverse events policy 2023 | Te whakaora, te ako me te whakapai ake i te kino: Te kaupapa here ā-motu mō ngā mahi tūkino 2023** came into effect on 1 July 2023. The policy sets out local organisational roles and the role of Te Tāhū Hauora Health Quality & Safety Commission in reporting, reviewing and learning from harm.

The policy embeds Te Tiriti o Waitangi with a focus on relationships, whānau engagement, equity, and restorative responses including hohou te rongo (peace-making).

To assist you with implementation, the new **Healing, learning and improving from harm policy hub** is now live at <http://hqsc.govt.nz/harmpolicy>. On the hub you will find a user guide and a suite of templates and resources to support you, organised under the eight principles of the policy.

Providers have the 2023/24 year as a transition year to allow time to update internal policies and processes to reflect the revised policy, and until 1 July 2028 to implement restorative practice and hohou te rongo principles.

If you have any queries about the 2023 policy, please email [adverse.events@hqsc.govt.nz](mailto:adverse.events@hqsc.govt.nz)

## World Federation of Chiropractic – Quarterly World Report

The 2023 third quarter issue of the WFC's Quarterly World Report can be accessed online here - <https://bit.ly/QWR2023C>.

## World Federation of Chiropractic – World Spine Day Competition Announced

World Spine Day takes place each October 16. The theme of the 2023 campaign is 'Move Your Spine', emphasizing the importance of physical activity in tackling spine-related pain and disability. As chiropractors, you play an integral part in helping people to enjoy happier, healthier, more active lives and are inviting all chiropractors, in all nations around the world to get involved in World Spine Day and demonstrate their expertise as health care leaders in their communities.

To promote the Move Your Spine campaign, WFC are hosting a WFC World Spine Day Competition that will recognize outstanding contributions from global chiropractic stakeholders. There are three categories: WFC Member national associations; chiropractic educational providers; and private individuals/clinics. WFC created information leaflets which can be accessed at:



2023 WFC World Spine Day Competition leaflets: [English](#), [French](#) [Spanish](#)

As spine care experts, World Spine Day is the perfect platform to demonstrate chiropractic's role in providing evidence-based, people-centered, interprofessional and collaborative care, as well as a strong commitment to supporting the largest spine-focused day of action.

More information about World Spine Day can be found at [www.worldspineday.org](http://www.worldspineday.org) and on WFC's World Spine Day Facebook, Instagram and X (formerly Twitter) feeds.

So don't delay – start planning your Move Your Spine activity today and enter the WFC competition for a chance to win!

## [Council on Chiropractic Education Australasia – Strategic Plan 2023-2026](#)

CCEA has published its Strategic Plan 2023-2026. CCEA will use this document as their roadmap to ensure they continue to strive towards their vision and maintain their commitment to the chiropractic profession and Australasian community.

The document can be viewed on the [CCEA website](#) home page.

## [Council on Chiropractic Education Australasia – Committee positions available](#)

CCEA is recruiting to fill positions on the Accreditation Committee and Chiropractic Overseas Assessment Committee under the following categories:

- **Accreditation Committee** – One (1) senior chiropractic academic currently employed in a chiropractic program in Australia or New Zealand OR one (1) community member whose primary experience is as a health consumer.
- **Chiropractic Overseas Assessment Committee** – One (1) person with appropriate knowledge, experience and/or involvement in assessment procedures AND one (1) current CCEA Board Director.

In addition, CCEA are taking expressions of interest from individuals who would like to apply to be on the **Site Evaluation Team (SET) Register**. As part of the CCEA's accreditation work, external assessors are utilised as SET members to review chiropractic programs against the [Accreditation Standards](#). SET members evaluate accreditation submissions and participate in education provider site visits.

Please refer to the 'Latest media releases' section on the home page of the [CCEA website](#).

Nominations close **5pm AEST Friday 29 September 2023**.

## [ACC – Integrated Care Pathways Musculoskeletal \(ICPMSK\)](#)

ACC Board approval for Integrated Care Pathways Musculoskeletal (ICPMSK) has been announced. This means the tender process for this service will open on 30 August 2023.

The tender process will be conducted via the [Government Electronic Tender Service \(GETS\)](#). An advance notification will be posted on GETS.

The proposed start date for the ICPMSK contract will be 4 March 2024.

ACC hosted webinars on the tender process during August. You can view these webinars on the ACC website - [Watch ICPMSK webinars](#)

[Learn more about ICPMSK](#)

## [Consultation – The Office of Radiation Safety](#)

The Director for Radiation Safety, and the Office Radiation Safety (us) of Manatū Hauora, the Ministry of Health invites regulated parties, professional groups and others to participate in the public consultation on a revised Code of Practice for Diagnostic and Interventional Radiology ORS C1 (revised C1).

The revised code is now available for comment and feedback here:

[Revised Code of Practice for Diagnostic and Interventional Radiology ORS C1 - New Zealand Ministry of Health - Citizen Space](#)

Under [section 86](#) of the Radiation Safety Act 2016 (the Act), a code of practice is issued by the Director for Radiation Safety for the purpose of specifying technical requirements.

A code of practice (and any amendments made) is a secondary legislation under section 86(6) of the Act that a person who deals with a radiation source must comply with. [Section 5](#) of the Act included the interpretation of 'deal with'. This includes to control, manage, use, sell, and supply a radiation source.

If you require additional information, please contact the Office of Radiation Safety - [ors.codes@health.govt.nz](mailto:ors.codes@health.govt.nz)