



NEW ZEALAND  
CHIROPRACTIC BOARD  
TE POARI KAIKOROHITI O AOTEAROA

*The Board is responsible for protecting the health and safety of the New Zealand public by ensuring chiropractors registered with it are competent and fit to practise*

# PŪRONGO | NEWSLETTER

PAENGAWHĀWHĀ  
APRIL 2025

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**Tēnā Koutou, tēnā koutou, tēnā koutou katoa,**

Shadows are lengthening across our beautiful land; the heat of summer is fading, and it is time to let those things that do not serve us fall away. I do hope this finds you and your loved ones well and prospering in a year strongly started.

If you are not already aware, there is a comprehensive review underway of the HPCA Act, the legislation that you as chiropractors are registered and regulated under. As such the promised rewrite of this legislation by the Government in a very real way will affect the practice of Chiropractic in New Zealand. I urge you to do your due diligence around how this may affect your ability to continue as a professional and when the time comes for professional consultation take the opportunity to ensure your point of view is heard.

It is exciting, following the opportunity of hearing many of you around the country during the Code of Ethics Workshops to have presented your views to the Code of Ethics Committee. Equally exciting is the diverse and substantial skill set that is manifest in the Committee and the Board is looking forward to receiving their recommendations.

A personal plea from one professional to another to attend to the recording of your continuing professional development (CPD) if you have not. This work is required of you and a boundary is being reached. The Board wishes to collaborate with and enhance the work of substantial professionals who excel in every area of their practice, not waste time and energy on imposing sanctions and penalties for shortfalls in record keeping.

Thank you for the work you continue to do in your communities throughout Aotearoa New Zealand to materially and safely enhance the health and wellness of our people.

There are enough one-hearted people who speak their truth and walk it, why not you too?

Nga mihi nui

Dr Tim Cooper BSc, BSc(Chiro)

Chair for te Poari Kaikorohiti | Chiropractic Board

+64 4 474 0740

[www.chiropracticboard.org.nz](http://www.chiropracticboard.org.nz)

[admin@chiropracticboard.org.nz](mailto:admin@chiropracticboard.org.nz)

# BOARD NEWS

## CHAIR AND DEPUTY CHAIR

Under the Health Practitioners Competence Assurance (HPCA) Act 2003, the Board is required to nominate and elect the Chair and Deputy Chair at its first Board meeting each year. At its February 2025 Board meeting the following Board Chair and Deputy Chair were reconfirmed:

- Chairperson – Dr Tim Cooper
- Deputy Chairperson – Dr Edward Benson-Cooper

## CONGRATULATIONS!

Congratulations to Deputy Chair, Edward Benson-Cooper, and his wife Jenna on the arrival of their daughter, Sloane. Wishing you and your family all the very best for the future.

# BOARD POLICY REVIEWS

## ADVERTISING POLICY

As part of its ongoing review of all policies, the Advertising Policy was reviewed and consulted on in 2024. The revised Advertising Policy can be found on the Board website [here](#).

## CODE OF ETHICS

Continuing from the workshops held around the country in 2024, work is continuing the Code of Ethics review. The Code of Ethics Review Committee, comprising of 5 practitioners, 3 lay members and the Registrar met for a two-day workshop early in February. The committee made great progress with reviewing the draft Code of Ethics document. Once the first draft is ready, it will be presented to the Board and then circulated to the profession and key stakeholders for consultation later in 2025.

# APC RENEWALS FOR THE 2025/2026 APC YEAR

Online APC renewals for the 2025-2026 practising year are open. APC fee for a full year APC is \$1003.25 for the 2025/26 period with the Disciplinary Levy removed. APC applications can be completed via the [Board's website](#).

Under the HPCA Act, the Board is required to gather information about the profession, the annual Health Workforce NZ survey was included in conjunction with the APC renewals process.

Once your APC has been issued, your APC and receipt will be available for you to download from your online profile at any time once issued.

## PRACTITIONER RESPONSIBILITIES

All registered chiropractors are responsible for informing the Board of any changes to your contact details, including your:

- phone number
- email address
- workplace address
- home address

## PRACTITIONER PORTAL

Don't forget to log into your profile on the Board's website to:

- access your APC and receipts
- update your CPD

If you do not intend practising from 1 April 2025 – 31 March 2026, please select the non-practising option and complete your maintaining registration application, the fee is \$100.00. Should you wish to return to practice at any time through the year, you can apply for your APC online and the maintaining registration fee will be deducted from the APC fee. Please refer to the Board's [Return to Practice Policy](#).

***While completing your APC application, please ensure all your contact details are up to date, including your work address.***

## CPD

The Board was disappointed to learn that many practitioners did not upload their CPD into the practitioner portal for the period 1 January – 31 December 2024. As a result, a significant number of practitioners received follow-up emails requesting they complete their 2024 CPD before 31 March 2025.

Failure to upload your CPD activities and reflections will impact on your ability to renew your APC for 2025/26. If you have not completed the CPD requirements, and you believe there are extenuating circumstances, you can apply for an exemption from CPD (all or part of), however, please note, these will be reviewed by the Board's Registration and Recertification Committee and may not be approved.

If you have questions about your CPD responsibilities, please review the CPD policy and resource documents available on the [Board's website](#) or contact [leanne@chiropracticboard.org.nz](mailto:leanne@chiropracticboard.org.nz).

## 2025 ANNUAL PLAN & OBJECTIVES

Your 2025 Annual CPD Plan needs to be completed before you renew your APC. Please ensure you have entered your Annual Plan and Objectives for the CPD period 1 January – 31 December 2025.

# WORLD FEDERATION OF CHIROPRACTIC (WFC)

## QUARTERLY WORLD REPORTS

The latest WFC Quarterly World Reports can be downloaded [here](#).

## WORLD SPINE DAY 2025 – “INVEST IN YOUR SPINE” CAMPAIGN ANNOUNCED

The global spotlight will once again shine on spinal health as the 2025 World Spine Day campaign, themed “Invest in Your Spine”, launches worldwide. Recognized annually on October 16, World Spine Day brings together health advocates, professionals, and organizations to promote the importance of spinal health and well-being. With millions of people affected by spinal disorders, including chronic back pain, spinal deformity and postural issues, this year's campaign emphasizes that investing in spinal health today is a crucial step toward a healthier and more fulfilling future. The campaign highlights that spinal health is not just a matter of comfort—it impacts mobility, productivity, mental wellbeing, and overall quality of life.

[For more information, please click here.](#)

## LINKS AND POLICIES

The following are links to important Board policies and information:

- [Annual reports](#)
- [Partial year APC and payment forms](#)

### Policies:

- [Advertising Policy](#)
- [Code of Ethics](#)
- [Competency Standards](#)
- [CPD](#)
- [Extended Term Management Plans \(ETMP\) and Pre-payment Arrangements \(PPA\) Board Policy](#)
- [Scope of practice](#)

### Guidelines:

- [The Children's Act 2014 & Children's Worker safety checks](#)
- [Clinical records](#)
- [Informed consent](#)

### Position statements and other information:

- [ACC - Treatment of family](#)
- [Treating whānau, family and friends position statement](#)
- [Cyber Incident Response step by step guide](#)
- [Strengthen Your Digital Defence - A Guide to Cyber Security Incident Response for NZ Primary Health Sector](#)