

PŪRONGO NEWSLETTER



NEW ZEALAND
CHIROPRACTIC BOARD
TE POARI KAIKOROHITI O AOTEAROA



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Tēnā tātou katoa,

I trust this finds you and your loved ones warm comfortable and content as winter holds Aotearoa. Winter is the time to look within, take stock and fortify our reserves, something that is often tricky to balance with a heavy patient load and a busy practice to direct. Please look after yourselves.

Following the theme of inward-looking, I thought it timely to touch on cultural awareness in a chiropractic clinical context. As clinical chiropractors I have long believed one of our most valuable assets in helping people who seek our professional aid is our empathy, or the ability to feel to some degree what another person is experiencing.

This awareness must necessarily pass through our own experiential filters and one of those filters is our upbringing, our core beliefs, the things and people we hold dear and our sense of place in the universe; our culture.

As lifelong learners our ability to have a critical awareness or consciousness in examining how our culture restricts our ability to understand what another human is experiencing is pivotal to growing as a professional (and as a person).

The fine work you do as a chiropractor greatly enhances the neuroplasticity of your patients and opens their world, but in this work, I believe we must strive to remain highly neuroplastic ourselves and not shut down.

Put more simply, actively learning about the upbringing, core beliefs, what and who is held dear and sense of place in the universe that the huge diversity of people on earth embody as their culture, and validating it as if it were your own.

Let's all walk a mile in someone else's shoes.

Thank you for the work you continue to do to safely and meaningfully improve the wellness of our communities and the empathy you bring to this.

Ngā mihi arohanui

Dr Tim Cooper BSc, BSc (Chiro)
Chair, New Zealand Chiropractic Board

UPDATES AND THANKS FROM THE CE/REGISTRAR

Tēnā koutou,

As you will see below, we have published our Code of Ethics and Professional Boundaries Standards. This has been as a result of a lot of mahi from the profession and stakeholders and I want to say thank you to those of you who contributed time, thoughts and practical feedback. Your input was highly valued and helped shape standards that outline the professional and ethical standards expected from the profession.

We have also finalised the recent CPD audit. If you were audited this cycle, you would have been contacted with the results. Thank you to the practitioners who contributed to the auditing process, I appreciate the time this takes alongside busy practice commitments.

The Board has recently undergone a performance review (under section 122A of the Health Practitioners Competence Assurance Act 2003 (HPCA Act)). We are waiting on a ministerial process to be completed before publishing the report on our website.

In secretariat news, I'm pleased to let you know we have welcomed a new staff member, Miriam Brown, for 12 months to provide extra support with communications and project work. She brings extensive communications and regulatory experience and will help us keep key projects moving and ensure our communication with you continues to be transparent and timely.



Ngā mihi nui,
Glenys Sharman, CE/Registrar

CODE OF ETHICS AND PROFESSIONAL BOUNDARIES STANDARDS PUBLISHED

The updated Code of Ethics and Professional Boundaries Standards are now available to view on the Board's website:

- [Code of Ethics](#)
- [Professional Boundaries Standards](#)
- [Consultation outcome – outlines your feedback and the Board's considerations](#)

INDIRECT COLLECTION OF PERSONAL INFORMATION – WHAT YOU NEED TO KNOW

As you may be aware, on 1 May 2026, a new privacy act amendment came into force about indirectly collecting personal information about a person from a third party. This may happen when you receive information from e.g., another health practitioner, a referrer, ACC, or a family member. In most cases, you will need to take reasonable steps to ensure the person knows you have collected their information, why you have collected it, who it may be shared with, and that they can ask to see or correct it.

[Check out the guidance on the Office of the Privacy Commissioner's website.](#)

In response to the new privacy act amendment, the Board has updated their [Privacy Policy](#).

MEDICAL PRODUCTS BILL AND HPCA AMENDMENT BILL – WHAT YOU NEED TO KNOW

Medical Products Bill

The Ministry of Health | Manatū Hauora is developing a standalone [Natural Health Products Bill](#) and the [Medical Products Bill](#), which will replace the Medicines Act 1981. Some of the proposed policy changes include:

- Stricter authorisation processes for dietary supplements and natural products.
- Expected rules for what health benefit claims can be legally made and advertised for natural health products and unapproved medicines.

The Medical Product Bill may also include regulation on medical devices such as chiropractic equipment (activators and tables).

Health Practitioners Competence Assurance (HPCA) Act Amendment Bill

You may have heard that there is currently a [HPCA Act Amendment Bill](#) before Parliament. Currently there is nothing to update you on, but we will continue to monitor this Bill and update you when we know more.

WORLD FEDERATION OF CHIROPRACTIC IS LOOKING FOR THEIR NEXT SECRETARY-GENERAL

The World Federation of Chiropractic is looking for their next Secretary-General. Applications close 5pm ET 30 July 2026 – [check out more details.](#)